

CITY OF CHATTANOOGA

Classification Specification Title: Group Fitness Instructor

Department: Parks & Outdoors

Pay Grade: GS.04

Supervision Received From: Recreation Div Mgr

FLSA Status: Non-Exempt

Supervisory Responsibility For: None

Established: 9/5/14

Revision Dates: 4/2/25;

10/20/23; 1/11/23

CLASSIFICATION SUMMARY:

Incumbents in this classification instruct group exercise classes following industry standards in formats such as step and hi/lo aerobics; core conditioning; circuit training and sports performance; kickboxing and kettlebells; Yoga, Zumba and Pilates; indoor spinning and rowing; hip hop and line dancing; kids, beginners and senior citizens; aquatic and adaptive fitness. Works under direct supervision.

SERIES LEVEL: This is a stand alone position.

ESSENTIAL FUNCTIONS:

(The following duties ARE NOT intended to serve as a comprehensive list of all duties performed by all employees in this classification, only a representative summary of the primary duties and responsibilities. Incumbent(s) may not be required to perform all duties listed and may be required to perform additional, position-specific duties.)

Instruct groups in various types of classes.

Educate participants on effective workout methods, proper techniques to use and types of exercises associated with different muscle groups.

Enforces facility rules and policies. Maintains all required certifications to be compliant with regulations and guidelines.

Must meet regular attendance requirements.

Must be able to maintain good interpersonal relationships with staff, co-workers, managers and citizens.

Must accomplish the essential functions of the job, with or without reasonable accommodations, in a timely manner.

Performs other duties as assigned.

DEPARTMENT SPECIFIC DUTIES (if any):

MINIMUM QUALIFICATIONS:

High School Diploma or GED and Certified group exercise instructor by a recognized national organization.

LICENSING AND CERTIFICATIONS: CPR certification required First Aid certification required

SUPPLEMENTAL INFORMATION

Knowledge of customer service principles; fitness industry standards; interpersonal skills; preventive health-care measures. Skill in providing customer service; providing customer services which includes needs assessment; developing and facilitating training sessions; communication and interpersonal skills as applied to interaction with coworkers, supervisor, and the general public, sufficient to exchange or convey information and to receive work direction.

PHYSICAL DEMANDS: Positions in this class typically require climbing, balancing, stooping, kneeling, crouching, crawling, reaching, standing, walking, pushing, pulling, lifting, fingering, grasping, feeling, talking, hearing, seeing and repetitive motions.

WORK ENVIRONMENT: Medium Work: Exerting up to 50 pounds of force occasionally, and/or up to 20 pounds of force frequently, and/or up to 10 pounds of force constantly to move objects. Incumbents may be subjected to moving mechanical parts and electrical currents.

SPECIAL REQUIREMENTS:

Safety Sensitive: N

Department of Transportation - CDL: N

Child Sensitive: N

The City of Chattanooga, Tennessee is an Equal Opportunity Employer. In compliance with the Americans with Disabilities Act, the City will provide reasonable accommodations to qualified individuals with disabilities and encourage both prospective and current employees to discuss potential accommodations with the employer.