

CITY OF CHATTANOOGA
Classification Specification Title: Water Fitness Instructor

Department: Parks & Outdoors

Pay Grade: GS.04

Supervision Received From: Aquatics Program Manager

FLSA Status: Non-Exempt

Supervisory Responsibility For: None

Established: 9/5/14

Revision Dates: 4/4/25;

10/20/23; 8/02/22

CLASSIFICATION SUMMARY:

Incumbents in this classification provide water exercise instruction, monitors and educates participants on fitness and safety. Maintains a safe and enjoyable atmosphere for class. Works under direct supervision.

SERIES LEVEL: This is a stand alone position.

ESSENTIAL FUNCTIONS:

(The following duties ARE NOT intended to serve as a comprehensive list of all duties performed by all employees in this classification, only a representative summary of the primary duties and responsibilities. Incumbent(s) may not be required to perform all duties listed and may be required to perform additional, position-specific duties.)

Teach scheduled classes, provide adequate warm-up, exercises, stretching, and cool down.

Instruct participants on effective workout methods, explains proper techniques, demonstrates exercises; identifies different muscle groups and teaches appropriate methods to strengthen specific muscles.

Prepare appropriate equipment, music, and handouts for each class.

Assist, answer questions and provide a positive exercise experience for participants.

Inform management of pool activities, facility needs, and significant issues.

Ensure safety standards are met.

Must meet regular attendance requirements.

Must be able to maintain good interpersonal relationships with staff, co-workers, managers, and citizens.

Must accomplish the essential functions of the job, with or without reasonable accommodations, in a timely manner.

Perform other duties as assigned.

DEPARTMENT SPECIFIC DUTIES (if any):

MINIMUM QUALIFICATIONS:

Previous fitness class instruction preferred with ability to achieve fitness certification within six (6) months of employment.

LICENSING AND CERTIFICATIONS:

CPR Certification required

Lifeguard certification preferred

Certified Instructor - ACE, ACE, AFAA, water specialty/certification must be obtained within six (6) months of hire

SUPPLEMENTAL INFORMATION

DEMANDS:

Positions in this class typically require climbing, balancing, stooping, kneeling, crouching, crawling, reaching, standing, walking, pushing, pulling, lifting, fingering, grasping, feeling, talking, hearing, seeing, and repetitive motions.

WORK ENVIRONMENT:

Medium Work: Exerting up to 50 pounds of force occasionally, and/or up to 20 pounds of force frequently, and/or up to 10 pounds of force constantly to move objects.

SPECIAL REQUIREMENTS:

Safety Sensitive: N

Department of Transportation - CDL: N

Child Sensitive: N

The City of Chattanooga, Tennessee is an Equal Opportunity Employer. In compliance with the Americans with Disabilities Act, the City will provide reasonable accommodations to qualified individuals with disabilities and encourage both prospective and current employees to discuss potential accommodations with the employer.